

# INGREDIENTS GUIDE FOR USE IN IRELAND LOCATIONS ONLY

MEAT	
Bacon	Pork, acidity regulator: Sodium Lactate, Salt, Sugar, stabilisers: Triphosphates, antioxidant: Sodium Izoascorbate, preservative: Sodium Nitrite
Beef Burger Patty	Ground Beef
Hot Dog	Beef, Water, Salt, Spices, Spice extracts, stabilisers: Disodium Dihydrogen Diphosphate, Sodium Acetate; Glucose syrup, Dextrose, Seasoning, antioxidant: Ascorbic acid, preservative: Sodium Nitrate, <b>SOY</b> protein, Beech wood smoke
BUN	
Burger Bun	Our bread is a proprietary recipe. The primary ingredients are: <b>WHEAT</b> flour, Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS, SESAME</b> seeds, Salt, <b>SOYA</b> flour, acidity regulator: Calcium Carbonate, Spirit vinegar
Hot Dog Bun	Our bread is a proprietary recipe. The primary ingredients are: <b>WHEAT</b> flour, Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS</b> , Salt, <b>SOYA</b> flour, acidity regulator: Calcium Carbonate, Spirit vinegar. May contain <b>SESAME</b> seeds
FRIES	
Fries - Cooked in <b>PEANUT</b> Oil	Potatoes, <b>PEANUT</b> oil, Salt
Cajun Seasoning	Garlic, Salt, Onion, Paprika, Oregano, White Pepper, Cayenne Pepper, <b>CELERY</b> Seeds, Rapeseed Oil
TOPPINGS	
HP Brown Sauce	Tomatoes, Malt vinegar ( <b>BARLEY</b> ), Molasses, Glucose-fructose syrup, Spirit vinegar, Sugar, Dates, Corn flour, <b>RYE</b> flour, Salt, Spices, Flavourings, Tamarind
BBQ Sauce	Distilled Vinegar, Sugar, Tomato Paste, Water, Molasses, Salt, <b>MUSTARD</b> Bran, Tamarind Extract, Smoke Flavoring, Preservative: Sodium Benzoate, Spices, Garlic Powder, Onion Powder
Hot Sauce	Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Garlic powder
Mayonnaise	Rapeseed Oil, <b>EGG</b> yolk, Spirit Vinegar, Sugar, Apple Cider Vinegar, Salt, Ground <b>MUSTARD</b> Seeds, Antioxidant (Calcium Disodium EDTA), Spice
Mustard	Spirit Vinegar, Water, <b>MUSTARD</b> Seed, Salt, Turmeric, Paprika, Spice, Flavoring, Garlic Powder
Tomato Ketchup	Tomatoes, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts ( <b>CELERY</b> )
Cheese	Cheddar cheese ( <b>MILK</b> ), Water, Butter ( <b>MILK</b> ), Cheese ( <b>MILK</b> ), <b>MILK</b> Protein, Whey Powder ( <b>MILK</b> ), Emulsifying Salt (Trisodium Citrate), Natural Cheese Flavour ( <b>MILK</b> ), Salt, Acid Regulator (Lactic Acid) Preservative (Sorbic Acid), Colours (Beta-carotene, Paprika Extract), Anticaking Agent (Sunflower Lecithin)
Green Peppers	Green Peppers
Grilled Mushrooms	Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid.
Jalapeno Peppers	Jalapeno Peppers
Tomato Ketchup	Tomatoes, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts ( <b>CELERY</b> )
Lettuce	Lettuce
Onions	Onions
Tomatoes	Tomatoes
Pickles	Gherkins, Water, Spirit Vinegar, Salt, Firming Agent: Calcium Chloride, Acid: Lactic Acid, Preservative: Sodium Benzoate, Natural Dill Flavouring, Colour: Riboflavin
Relish	Gherkin, Sugar, Spirit Vinegar, Water, Salt, Flavorings, stabiliser: Xanthan Gum
MILKSHAKES	
Five Guys Milkshake Base	Reconstituted Skimmed <b>MILK</b> , Cream ( <b>MILK</b> ), Sugar, Water, Dextrose, <b>MILK</b> Solids, Emulsifiers: Mono and diglycerides of fatty acids, Propylene glycol esters of fatty acids, stabilisers: Carrageenan, Guar Gum, Cellulose Gum, Natural Flavoring
Whipped Cream	Cream ( <b>MILK</b> ); propellants: N20, N2; emulsifier: Mono-and Diglycerides; stabiliser: Carrageenan
Strawberry	Strawberry, Sugar, Pepper, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Banana	Bananas, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Chocolate	Glucose Syrup, Sugar, Water, Humectant (Glycerol), Chocolate (7%) (Cocoa Mass, Sugar, Dextrose, Emulsifier( <b>SOYA</b> Lecithins)), Fat Reduced Cocoa Powder, Cocoa Extract, Preservative (Potassium Sorbate), Emulsifier ( <b>SOYA</b> Lecithins), Natural flavourings, Colour (Plain Caramel)
Oreo® Cookie Pieces	<b>WHEAT</b> Flour, Sugar, Palm oil, Fat Reduced Cocoa Powder, <b>WHEAT</b> Starch Glucose-Fructose syrup, Raising Agents: Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate, Salt, Emulsifiers: <b>SOYA</b> Lecithin, Sunflower Lecithin, Flavoring: Vanillin
Peanut Butter	Roasted <b>PEANUTS</b> , <b>PEANUT</b> Oil, Sugar, Sea Salt
Salted Caramel	Glucose Syrup, Sugar, Water, Double Cream ( <b>MILK</b> ), Skimmed <b>MILK</b> Powder, Sea Salt, Acidity Regulator (Disodium Phosphate), Thickener (Pectin), Natural Flavouring
Lotus Biscoff® Cookie Crumbles	<b>WHEAT</b> flour, sugar, vegetable oils (palm, rapeseed), candy sugar syrup, raising agent (sodium hydrogen carbonate), salt, cinnamon
OTHER ITEMS	
Veggie Sandwich	Bun: <b>WHEAT</b> flour ( <b>GLUTEN</b> ), Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS, GLUTEN, SESAME</b> seeds, Salt, <b>SOYA</b> flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Grilled Onions, Grilled Mushrooms (Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid), Lettuce, Green Peppers.
Cheese Veggie Sandwich	Bun: <b>WHEAT</b> flour ( <b>GLUTEN</b> ), Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS, GLUTEN, SESAME</b> seeds, Salt, <b>SOYA</b> flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Grilled Onions, Grilled Mushrooms (Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid), Lettuce, Green Peppers. Cheese: Cheddar Cheese ( <b>MILK</b> ), Water, Butter ( <b>MILK</b> ), Cheese ( <b>MILK</b> ), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring ( <b>MILK</b> ), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anticaking agent: Lecithin.
Grilled Cheese	Bun: <b>WHEAT</b> flour ( <b>GLUTEN</b> ), Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS, GLUTEN, SESAME</b> seeds, Salt, <b>SOYA</b> flour acidity regulator Calcium Carbonate, Spirit vinegar. Cheese: Cheddar Cheese ( <b>MILK</b> ), Water, Butter ( <b>MILK</b> ), Cheese ( <b>MILK</b> ), <b>MILK</b> Proteins, Whey powder ( <b>MILK</b> ), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring ( <b>MILK</b> ), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anticaking agent. Mayonnaise: Rapeseed oil, <b>EGG</b> yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground <b>MUSTARD</b> seeds, antioxidant (calcium disodium EDTA), spice.
BLT	Bun: <b>WHEAT</b> flour ( <b>GLUTEN</b> ), Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS, GLUTEN, SESAME</b> seeds, Salt, <b>SOYA</b> flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Lettuce. Bacon: Pork, acidity regulator: Sodium Lactate, Salt, Sugar, stabilisers: Triphosphates, antioxidant: Sodium Izoascorbate, preservative: Sodium Nitrite. Mayonnaise: Rapeseed oil, <b>EGG</b> yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground <b>MUSTARD</b> seeds, antioxidant (calcium disodium EDTA), spice.
Bulk Peanuts without shell	<b>PEANUTS</b> , Salt
Malt Vinegar	<b>BARLEY</b> Malt Vinegar, <b>BARLEY</b> Malt Extract
<b>DRINKS (FREESTYLE AND BOTTLED)</b> - Please Ask to Check the Freestyle Machine Screen and/or the Bottle Label	

Five Guys Holdings, Inc. makes every attempt to identify ingredients which may cause allergic reactions for those with food allergies. Every effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is a possibility that manufacturers of foods we use could change the formulation at any time, without notice. There is also a risk of cross contamination due to the nature of our ingredients. Customers concerned with food allergies need to be aware of this risk. Five Guys International will not assume any liability for adverse reactions to foods consumed, or items one may come into contact with while eating at any Five Guys restaurant.

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