

NUTRITIONAL INFORMATION FOR USE IN MACAU LOCATIONS ONLY	Energy, kJ	Energy, kcal	Total fat, g	of which Saturated, g	Carbohydrates, g	of which Sugars, g	Fibre, g	Protein, g	Salt, g	Energy, kJ	Energy, kcal	Total fat, g	of which Saturated, g	Carbohydrates, g	of which Sugars, g	Fibre, g	Protein, g	Salt, g	
	Typical values per serving									Typical values per 100g									
MEAT																			
Bacon (2 pieces)	315	76	5.46	2.10	0.6	0.1	0.1	6.2	0.64	2252	542	39	15	4	0.5	0.5	44	4.6	
Beef Burger Patty	812	195	14	5.59	0.1	0.1	0.3	18	0.13	1212	291	21	8.34	0.1	0.1	0.5	27	0.19	
Hot Dog	793	192	15	6.38	2.1	0.4	0.4	11	1.37	1044	252	20	8.4	2.8	0.5	0.5	14	1.8	
BUN																			
Burger Bun	1001	238	7.52	2.57	37.6	6.2	1.4	6.0	0.49	1300	309	9.76	3.34	49	8.04	1.82	7.8	0.64	
Hot Dog Bun	908	215	6.72	2.26	34	5.9	1.2	5.3	0.47	1298	308	9.61	3.24	49	8.49	1.73	7.61	0.67	
FRIES - COOKED IN PEANUT OIL																			
Little FRIES	2888	694	41	5.63	74	1	6.7	10	1.11	1128	271	16	2.2	29	0.4	2.6	4.1	0.43	
Reg FRIES	4670	1122	66	9.11	120	1.7	11	17	1.79	1128	271	16	2.2	29	0.4	2.6	4.1	0.43	
Large FRIES	6204	1491	88	12	160	2.2	14	23	2.38	1128	271	16	2.2	29	0.4	2.6	4.1	0.43	
Cajun Seasoning	84	20	0.32	0.06	2.9	1.1	0	0.8	1.16	1199	287	4.6	0.8	42	15	0	12	16.5	
TOPPINGS																			
A.1.® Original Steak Sauce	397.1	95	0.2	0	22.0	10.0	1.5	1.3	4.1	67.5	16.2	0.0	0.0	3.7	1.7	0.3	0.2	0.7	
BBQ Sauce	86	20	0.08	0.02	4.1	3.9	0.4	0.2	0.35	575	136	0.5	0.1	27	26	2.6	1.5	2.3	
Cheese (1 Slice)	266	64	4.9	3.2	1.1	0.8	0	3.6	0.76	19	1400	337	26	17	6	4	0	19	4
Chilli Sauce	12.54	3.00	0.04	0.01	0.43	0.31	0.00	0.10	0.65	209	50	0.7	0.1	7.2	5.1	0	1.6	10.8	
Green Peppers	7.1	1.6	0.02	0.01	0.4	0.2	0.1	0.1	0	89.2	20	0.2	0.1	4.6	2.4	1.7	0.9	0.01	
Grilled Mushrooms	51	12	0.13	0.03	2	0.4	0.7	1.0	0.23	160	38	0.4	0.1	6.4	1.3	2.2	3	0.73	
Hot Sauce	8.6	2.0	0.05	0.01	0.1	0.0	0.1	0.2	0.67	107	25	0.6	0.1	1.8	0.3	1.5	2.5	8.4	
Jalapeño Peppers	3.9	0.9	0.03	0.01	0.5	0.3	0.2	0.1	0.02	55	13	0.4	0.1	7.0	4.1	2.8	0.9	0.25	
Tomato Ketchup	61	14	0.01	0	3.2	3.2	0	0.2	0.25	435	102	0.1	0.0	23.2	23	0	1.2	1.8	
Lettuce	9.2	3	0.02	0	0.3	0	0.2	0.1	0	57.5	19	0.14	0.0	1.8	0	1.2	0.9	0.03	
Mayonnaise	466	113	12	1.95	0.3	0.3	0	0.2	0.20	3104	754	82	13.0	2.2	2.2	0	1.2	1.3	
Mustard	19	4.5	0.23	0.05	0.3	0.05	0.2	0.3	0.17	311	75	3.89	0.8	4.3	0.85	2.68	4.24	2.78	
Onions	33	8	0.08	0	1.8	1	0.5	0.3	0	133	32	0.3	0.0	7	3.8	2	1.2	0.01	
Grilled Onions	46	11	0.11	0.04	2.5	1.5	0.8	0.4	0	170	40	0.4	0.1	9.3	5.5	3	1.4	0.01	
Tomatoes	26	6.0	0.04	0	1.3	1.3	0.4	0	0	61	14	0.1	0.0	3.0	3	1	0.1	0.01	
Pickles	0	0	0	0	0	0	0	0	0.64	28	0	0	0	0	0	0	0	2.3	
Relish	84	20	0	0	5	4.1	0	0	0.26	15	560	133	0	0	33	27	0	1.75	
MILKSHAKES (MIX-INS) - amount of individual mix-ins may vary depending upon number of mix-ins included in shake																			
Five Guys Milkshake Base	2879	690	36	23	80	78	0.4	9.2	0.52	718	172	9	5.8	20	20	0.1	2.3	0.13	
Whipped Cream	369	88	9.10	6.76	0.8	0.8	0.0	0.6	0.02	1418	339	35	26	3	3	0	2.3	0.08	
Banana	679	158	0.96	0.32	37	35	0.5	0.4	0	849	198	1.2	0.4	46	44	0.6	0.46	0	
Chocolate	830	201	2.07	1.59	41	31	1.7	2.3	0.01	1203	292	3	2.3	60	45	2.4	3.4	0.02	
Oreo® Cookie Pieces	503	120	5.0	2.45	17	9.5	0.6	1.3	0.23	2010	480	20	9.8	69	38	2.5	5	0.9	
Peanut Butter	1365	312	25.2	4.48	9.5	6.7	3.9	14	0.56	2438	558	45	8	17	12	7	25	1	
Salted Caramel	922	218	1.47	0.94	50	36	0.3	0.6	0.64	1376	325	2.2	1.4	75	53	0.5	0.9	0.95	
Strawberry	402	94	0.16	0.08	23.2	23.2	0.7	0.3	0.02	503	118	0.2	0.1	29	29	0.9	0.43	0.03	
Lotus Biscoff® Cookie Crumbles	610	145	5.70	2.40	22	11	0.4	1.5	0.06	1297	310	0.7	0.4	75	57	0.2	1	0.95	
Coffee	63	15	0	0	3	0.2	0	0.8	0.01	10	633	150	0	0	30	2.3	0.0	7.7	0.1
Mango	69.4	16.6	0	0	3.6	2.8	0.4	0.2	0	347	83	0	0	18	14	2	1	0	
OTHER ITEMS																			
Veggie Sandwich	1381	330	7.4	2.4	52	13	5.4	10	1.2	540	129	2.9	1	20	5.2	2.1	3.9	0.47	
Cheese Veggie Sandwich	1791	428	14	5.9	57	15	5.9	14	2.5	611	146	4.7	2	30	5	2	4.8	0.86	
Grilled Cheese	1816	434	24	7.6	42	7.3	2.2	12	2.2	1540	368	20	6.4	36	6.2	1.9	11	1.9	
BLT	2728	652	41	9.9	45	8.8	3.6	22	2.67	1364	326	20	5	23	4.4	1.8	11	1.3	
Bulk Peanuts without shell										2462	594	43	7	25	5	11	25	1.9	
DRINKS - Please Ask to Check the Bottle Label or Ask a Manager for the Freestyle Machine																			

Nutrition Information provided is based on representative values provided by suppliers, published resources, analysis using industry standard software and testing conducted in accredited laboratories. Five Guys cannot guarantee the nutrition information provided is fully accurate as it relates to the prepared menu items in all of our restaurants. Our menu items are made to order by hand. This may cause slight variation in serving sizes which may affect the nutrition values for each product.

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