

NUTRITIONAL INFORMATION FOR USE IN SOUTH KOREA LOCATIONS ONLY	Energy, kJ	Energy, kcal	Total fat, g	of which Saturated, g	Carbohydrates, g	of which Sugars, g	Fibre, g	Protein, g	Salt, g	Average portion size (g)	Energy, kJ	Energy, kcal	Total fat, g	of which Saturated, g	Carbohydrates, g	of which Sugars, g	Fibre, g	Protein, g	Salt, g	
	Typical values per serving										Typical values per 100g									
MEAT																				
Bacon (2 pieces)	315	76	5.5	2.1	0.6	0.1	0.1	6.2	0.64	14	2252	542	39	15	4	0.5	0.5	44	4.6	
Beef Burger Patty	812	195	14	5.6	0.1	0.1	0.3	18	0.13	67	1212	291	21	8.3	0.1	0.1	0.5	27	0.19	
Hot Dog	965	231	20.9	10.6	1	0	0.4	9.9	1.49	76	1270	304	27.5	13.9	1.3	0	0.5	13	1.96	
BUN																				
Burger Bun	1001	238	7.5	2.6	37.6	6.2	1.4	6.0	0.49	77	1300	309	9.8	3.3	49	8	1.8	7.8	0.64	
Hot Dog Bun	908	215	6.7	2.3	34	5.9	1.2	5.3	0.47	70	1298	308	9.6	3.2	49	8.5	1.7	7.6	0.67	
FRIES - COOKED IN PEANUT OIL																				
Cajun Seasoning	84	20	0.3	0.1	2.9	1.1	0	0.8	1.16	7	1199	287	4.6	0.8	42	15	0	12	16.5	
Little FRIES	2888	694	41	5.6	74	1	6.7	10	1.11	256	1128	271	16	2.2	29	0.4	2.6	4.1	0.43	
Reg FRIES	4670	1122	66	9.1	120	1.7	11	17	1.79	414	1128	271	16	2.2	29	0.4	2.6	4.1	0.43	
Large FRIES	6204	1491	88	12	160	2.2	14	23	2.38	550	1128	271	16	2.2	29	0.4	2.6	4.1	0.43	
TOPPINGS																				
A.1.® Original Steak Sauce	60	14.3	0.1	0	2.8	1.8	0.3	0.3	0.7	17	353.2	84.4	0.5	0.2	16.7	10.8	1.7	1.5	4.13	
BBQ Sauce	76.2	18.2	0.1	0	4.4	4.2	0.1	0.1	0.3	12	635.4	151.8	0.5	0	36.3	35	1.1	1	2.54	
Cheese	256.3	61.2	5.3	3.3	0.9	0.5	0	3.2	0.79	17.4	1473	352	30.5	18.8	5.4	2.7	0	18.3	4.56	
Green Peppers	7.1	1.6	0	0	0.4	0.2	0.1	0.1	0	8	89.2	20	0.2	0.1	4.6	2.4	1.7	0.9	0.01	
Grilled Mushrooms	39.4	9.3	0.1	0	1	0.6	0.7	0.8	0.27	32	123	29	0.3	0.1	3.1	2	2.3	2.4	0.84	
Grilled Onions	46	11	0.1	0	2.5	1.5	0.8	0.4	0	27	170	40	0.4	0.1	9.3	5.5	3	1.4	0.01	
Hot Sauce	8.9	2.1	0	0	0.2	0.2	0	0.1	0.7	8	111	26	0.1	0	2.6	1.9	0	0.7	8.76	
Jalapeno Peppers	3.9	0.9	0	0	0.5	0.3	0.2	0.1	0.02	7	55	13	0.4	0.1	7	4.1	2.8	0.9	0.25	
Lettuce	9.2	3	0	0	0.3	0	0.2	0.1	0	16	57.5	19	0.1	0	1.8	0	1.2	0.9	0.03	
Mayonnaise	466	113	12	2	0.3	0.3	0	0.2	0.2	15	3104	754	82	13	2.2	2.2	0	1.2	1.3	
Mustard	15.8	3.8	0.2	0	0.1	0	0.2	0.2	0.18	6	263	64	3.9	0.3	1.5	0.6	4.1	3.6	3	
Onions	33	8	0.1	0	1.8	1	0.5	0.3	0	25	133	32	0.3	0	7	3.8	2	1.2	0.01	
Pickles	9.8	2.4	0	0	0.2	0.2	0.2	0.1	0.4	20	49	12	0.2	0.1	1	1	1.1	0.6	2	
Relish	65	15	0	0	3.5	2.9	0.1	0.1	0.14	10	653	154	0.4	0.2	35.1	29	1.2	0.4	1.4	
Tomato Ketchup	61	14	0	0	3.2	3.2	0	0.2	0.25	14	435	102	0.1	0	23.2	22.8	0	1.2	1.8	
Tomatoes	26	6	0	0	1.3	1.3	0.4	0	0	43	61	14	0.1	0	3.0	3	1	0.1	0.01	
MILKSHAKES (MIX-INS) - amount of individual mix-ins may vary depending upon number of mix-ins included in shake																				
Banana	679	158	1	0.3	37	35	0.5	0.4	0	80	849	198	1.2	0.4	46	44	0.6	0.5	0	
Cherry	912.8	215.3	0	0	52.8	40.1	0	0	0.02	75	1217	287	0	0	70.4	54.6	0	0	0.02	
Chocolate	921.8	218	2	1.2	47.6	30.4	1.9	1.3	0	69	1336	316	2.9	1.7	69	44	2.8	1.9	0	
Coffee	63.3	15	0	0	3	0.2	0	0.8	0.01	10	633	150	0.1	0.1	30	2.3	0	7.7	0.1	
Five Guys Milkshake Base	2955.4	705.8	37.7	24.9	84.2	80.2	0.4	8.8	0.8	401	737	176	9.4	6.2	21	20	0.1	2.2	0.2	
Lotus Biscoff® Cookie Crumbles	609.6	145.2	5.7	2.4	21.8	11.4	0.4	1.5	0.28	30	2032	484	19	8	72.6	38.1	1.3	4.9	0.92	
Oreo® Cookie Pieces	523	125	5.8	3.1	17.5	9.2	0	0.8	0.25	25	2092	500	23.3	12.3	70	36.7	0	3.3	1	
Peanut Butter	1129.3	270	23	3.6	3.6	6.9	3.8	10.1	0.74	46	2455	587	50	7.9	15	8.3	7.5	22	1.6	
Salted Caramel	903.2	213.1	1.4	0.9	49.6	38.2	0	0	1	67	1348	318	2.1	1.4	74	57	0	0	1.5	
Strawberry	402	94	0.2	0.1	23.2	23.2	0.7	0.3	0.02	80	503	118	0.2	0.1	29	29	0.9	0.4	0.03	
Whipped Cream	317.2	75.9	7.2	4.7	2.3	2.2	0	0.9	0.04	26	1220	292	27.5	18.2	8.7	8.6	0	3.3	0.16	
OTHER ITEMS																				
Bulk Peanuts without shell											2462	594	43	7	25	<1	11	25	1.86	
DRINKS - Please Ask to Check the Bottle Label or Ask a Manager for the Freestyle Machine																				

Nutrition Information provided is based on representative values provided by suppliers, published resources, analysis using industry standard software and testing conducted in accredited laboratories. Five Guys cannot guarantee the nutrition information provided is fully accurate as it relates to the prepared menu items in all of our restaurants. Our menu items are made to order by hand. This may cause slight variation in serving sizes which may affect the nutrition values for each product.

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