

NUTRITIONAL INFORMATION  FOR USE IN HONG KONG LOCATIONS ONLY																													
	Energy, kJ	Energy, kcal	Total fat, g	of which Saturated, g	Carbohydrates, g	of which Sugars, g	Fibre, g	Protein, g	Salt, g	Energy, kJ	Energy, kcal	Total fat, g	of which Saturated, g	Carbohydrates, g	of which Sugars, g	Fibre, g	Protein, g	Salt, g											
<b>MEAT</b>										<b>Typical values per serving</b>										<b>Typical values per 100g</b>									
Bacon (2 pieces)	315	76	5.5	2.1	0.6	0.1	0.1	6.2	0.64	67	2252	542	39	15	4	0.5	0.5	44	4.6										
Beef Burger Patty	812	195	14	5.6	0.1	0.1	0.3	18	0.13	14	1212	291	21	8.3	0.1	0.1	0.5	27	0.19										
Hot Dog	793	192	15	6.4	2.1	0.4	0.4	11	1.37	76	1044	252	20	8.4	2.8	0.5	0.5	14	1.8										
<b>BUN</b>																													
Burger Bun	1001	238	7.5	2.6	37.6	6.2	1.4	6.0	0.49	77	1300	309	9.8	3.3	49	8	1.8	7.8	0.64										
Hot Dog Bun	908	215	6.7	2.3	34	5.9	1.2	5.3	0.47	70	1298	308	9.6	3.2	49	8.5	1.7	7.6	0.67										
<b>FRIES - COOKED IN PEANUT OIL</b>																													
Cajun Seasoning	84	20	0.3	0.1	2.9	1.1	0	0.8	1.16	7	1199	287	4.6	0.8	42	15	0	12	16.5										
Little FRIES	2888	694	41	5.6	74	1	6.7	10	1.11	256	1128	271	16	2.2	29	0.4	2.6	4.1	0.43										
Reg FRIES	4670	1122	66	9.1	120	1.7	11	17	1.79	414	1128	271	16	2.2	29	0.4	2.6	4.1	0.43										
Large FRIES	6204	1491	88	12	160	2.2	14	23	2.38	550	1128	271	16	2.2	29	0.4	2.6	4.1	0.43										
<b>TOPPINGS</b>																													
A.1.® Original Steak Sauce	60.1	14.3	0.1	0	2.8	1.8	0.3	0.3	0.7	17	353.3	84.4	0.5	0.2	16.7	10.8	1.7	1.5	4.13										
BBQ Sauce	81.3	19.2	0.1	0	4.3	4.1	0.2	0.2	0.36	15	542	128	0.5	0	28.9	27.2	1.2	1.3	2.42										
Cheese (1 Slice)	266	64	5	3.2	1.1	0.8	0	3.6	0.82	19	1400	337	26.4	16.6	5.8	4.4	0	19.1	4.3										
Chilli Sauce	75.3	18	0.6	0	2.4	1.8	0	0.6	2.66	30	251	60	2	0	8	6	0	2	8.85										
Green Peppers	7.1	1.6	0	0	0.4	0.2	0.1	0.1	0	8	89.2	20	0.2	0.1	4.6	2.4	1.7	0.9	0.01										
Grilled Mushrooms	39.4	9.3	0.1	0	1	0.6	0.7	0.8	0.27	32	123	29	0.3	0.1	3.1	2	2.3	2.4	0.84										
Grilled Onions	46	11	0.1	0	2.5	1.5	0.8	0.4	0	27	170	40	0.4	0.1	9.3	5.5	3	1.4	0.01										
Hot Sauce	8.9	2.1	0	0	0.2	0.2	0	0.1	0.7	8	111	26	0.1	0	2.6	1.9	0	0.7	8.76										
Jalapeño Peppers	3.9	0.9	0	0	0.5	0.3	0.2	0.1	0.02	7	55	13	0.4	0.1	7	4.1	2.8	0.9	0.25										
Lettuce	9.2	3	0	0	0.3	0	0.2	0.1	0	16	57.5	19	0.1	0	1.8	0	1.2	0.9	0.03										
Mayonnaise	466	113	12	2	0.3	0.3	0	0.2	0.2	15	3104	754	82	13	2.2	2.2	0	1.2	1.3										
Mustard	69.2	4	0.3	0	0.3	0	0.2	0.3	0.2	6	1154	65.9	4.2	0.3	4.5	0.5	3.4	4.2	3										
Onions	33	8	0.1	0	1.8	1	0.5	0.3	0	25	133	32	0.3	0	7	3.8	2	1.2	0.01										
Pickles	13.2	3.1	0	0	0	0	0	0	0.66	28	47	11	0	0	<1	0	0	0	2.36										
Relish	87.8	21	0	0	5	4.1	0	0	0.26	15	585	140	0	0	33	27	0	0	1.72										
Tomato Ketchup	61	14	0	0	3.2	3.2	0	0.2	0.25	14	435	102	0.1	0	23.2	23	0	1.2	1.8										
Tomatoes	26	6.0	0	0	1.3	1.3	0.4	0	0	43	61	14	0.1	0	3.0	3	1	0.1	0.01										
<b>MILKSHAKES (MIX-INS) - amount of individual mix-ins may vary depending upon number of mix-ins included in shake</b>																													
Banana	679	158	1	0.3	37	35	0.5	0.4	0	80	849	198	1.2	0.4	46	44	0.6	0.5	0										
Chocolate	769.4	183.9	2.8	2.1	41.4	30.4	3.3	2.6	0.1	69	1115	266.5	4.1	3.1	60	44	4.8	3.8	0.15										
Coffee	63	15	0	0	3	0.2	0	0.8	0.01	10	633	150	0	0	30	2.3	0	7.7	0.1										
Five Guys Milkshake Base	2955.4	705.8	37.7	24.9	84.2	80.2	0.4	8.8	0.8	401	737	176	9.4	6.2	21	20	0.1	2.2	0.2										
Lotus Biscoff® Cookie Crumbles	609.6	145.2	5.7	2.4	21.8	11.4	0.4	1.5	0.28	30	2032	484	19	8	72.6	38.1	1.3	4.9	0.92										
Mango	146	35	0	0	8.1	1.5	0.3	0.2	0.21	30	486	116	0	0	27	5	1	0.6	0.7										
Oreo® Cookie Pieces	471.3	112.8	3.8	0	17.6	0	0	1.7	0.3	25	1885	451	15.1	0	70.3	0	0	6.8	1.25										
Peanut Butter	1374.8	328.7	28	4.4	8.4	4.6	4.2	12.3	0.9	56	2455	587	50	7.9	15	8.3	7.5	22	1.6										
Salted Caramel	862.2	206.1	0.5	0.3	49.5	38.5	0.1	0.7	0.98	67	1286.8	307.6	0.7	0.4	73.8	57.4	0.2	1	1.47										
Strawberry	402	94	0.2	0.1	23.2	23.2	0.7	0.3	0.02	80	503	118	0.2	0.1	29	29	0.9	0.4	0.03										
Whipped Cream	21.8	5.2	0.4	0.3	0.3	0.3	0	0	0	26	84	20	1.5	1	1	1	0	0	0										
<b>OTHER ITEMS</b>																													
BLT	2728	652	41	9.9	45	8.8	3.6	22	2.67		1364	326	20	5	23	4.4	1.8	11	1.3										
Bulk Peanuts without shell											2462	594	43	7	25	5	11	25	1.9										
Cheese Veggie Sandwich	1791	428	14	5.9	57	15	5.9	14	2.5		611	146	4.7	2	30	5	2	4.8	0.86										
Grilled Cheese	1816	434	24	7.6	42	7.3	2.2	12	2.2		1540	368	20	6.4	36	6.2	1.9	11	1.9										
Veggie Sandwich	1381	330	7.4	2.4	52	13	5.4	10	1.2		540	129	2.9	1	20	5.2	2.1	3.9	0.47										
<b>DRINKS - Please Ask to Check the Bottle Label or Ask a Manager for the Freestyle Machine</b>																													

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Cold Americano	322	77	0		11.6		0	0.5	0.083	63	15	0		2.3		0	0.1	0.018
Cold Americano (No Sugar)	147	35	0		1.4		0	0.5	0.083	29	7	0		0.3		0	0.1	0.018
Cold Classic Latte	825	197	16		16		0	1	0.313	165	39	3.2		3.2		0	0.2	0.063
Cold Classic Latte (No Sugar)	590	141	16		2.5		0	1	0.313	118	28	3.2		0.5		0	0.2	0.063
Cold Grapefruit Jasmine Creamer Tea	805	192	20		22.5		0	0.2	0.250	161	39	4		4.5		0	0	0.050
Cold Grapefruit Jasmine Creamer Tea (No Sugar)	590	141	20		10		0	0.2	0.250	118	28	4		2		0	0	0.050
Cold Grapefruit Lemon Tea	557	133	0		32.6		0	0	0.030	113	27	0		6.5		0	0	0.005
Cold Grapefruit Lemon Tea (No Sugar)	368	88	0		21.8		0	0	0.030	75	18	0		4.4		0	0	0.005
Cold Guava Jasmine Creamer Tea	780	186	20		20.5		0	0	0.250	156	37	4		4.1		0	0	0.050
Cold Guava Jasmine Creamer Tea (No Sugar)	550	131	20		8.5		0	0.2	0.250	110	26	4		1.7		0	0	0.050
Cold Guava Lemon Tea	494	118	0		28.9		0	0	0.048	100	24	0		5.8		0	0	0.010
Cold Guava Lemon Tea (No Sugar)	306	73	0		18.1		0	0	0.050	63	15	0		3.6		0	4	0.010
Cold Jasmine Creamer Tea	860	206	26.5		18		0	0.2	0.300	172	41	5.3		3.6		0	0	0.060
Cold Jasmine Creamer Tea (No Sugar)	665	159	28		1		0	0.1	0.313	133	32	5.6		0.2		0	0	0.063
Cold Jasmine Tea	297	71	0		17.2		0	0	0.008	59	14	0		3.4		0	0	0
Cold Jasmine Tea (No Sugar)	4	1	0		0.2		0	0	0.008	0	0	0		0		0	0	0
Hot Americano	460	42	0		18.1		0	0.6	0.103	92	8	0		3.6		0	0.1	0.020
Hot Americano (No Sugar)	176	42	0		1.8		0	0.6	0.103	33	8	0		0.4		0	0.1	0.020
Hot Classic Latte	1495	357	44.5		22.5		0	0.5	0.588	299	72	8.9		5.1		0	0.1	0.118
Hot Classic Latte (No Sugar)	1145	274	40.5		3.5		0	1	0.613	229	55	8.1		0.7		0	0.2	0.123
Hot Guava Jasmine Creamer Tea	1260	310	32		34.5		0	0.1	0.400	252	60	6.4		6.9		0	0	0.080
Hot Guava Jasmine Creamer Tea (No Sugar)	930	222	32		14.5		0	0.1	0.400	186	45	6.4		2.9		0	0	0.080
Hot Jasmine Creamer Tea	1325	317	43		23.5		0	0.1	0.488	265	63	8.6		4.7		0	0	0.098
Hot Jasmine Creamer Tea (No Sugar)	950	227	44		1.5		0	0.1	0.488	190	45	8.8		0.3		0	0	0.098
Hot Jasmine Tea	473	113	0		27.5		0	0	0	96	23	0		5.5		0	0	0
Hot Jasmine Tea (No Sugar)	4	1	0		0.3		0	0	0	0	0	0		0		0	0	0

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