

**NUTRITIONAL  
INFORMATION**

**FOR USE IN  
CHINA LOCATIONS  
ONLY**

| NUTRITIONAL INFORMATION                                                                                         |                            |              |              |                       |                  |                    |          |            |         |     |                         |              |              |                       |                  |                    |          |            |         |  |
|-----------------------------------------------------------------------------------------------------------------|----------------------------|--------------|--------------|-----------------------|------------------|--------------------|----------|------------|---------|-----|-------------------------|--------------|--------------|-----------------------|------------------|--------------------|----------|------------|---------|--|
|                                                                                                                 | Energy, kJ                 | Energy, kcal | Total fat, g | of which Saturated, g | Carbohydrates, g | of which Sugars, g | Fibre, g | Protein, g | Salt, g |     | Energy, kJ              | Energy, kcal | Total fat, g | of which Saturated, g | Carbohydrates, g | of which Sugars, g | Fibre, g | Protein, g | Salt, g |  |
| MEAT                                                                                                            | Typical values per serving |              |              |                       |                  |                    |          |            |         |     | Typical values per 100g |              |              |                       |                  |                    |          |            |         |  |
| Bacon (2 pieces)                                                                                                | 315                        | 76           | 5.5          | 2.1                   | 0.6              | 0.1                | 0.1      | 6.2        | 0.64    | 14  | 2252                    | 542          | 39           | 15                    | 4                | 0.5                | 0.5      | 44         | 4.6     |  |
| Beef Burger Patty                                                                                               | 812                        | 195          | 14           | 5.6                   | 0.1              | 0.1                | 0.3      | 18         | 0.13    | 67  | 1212                    | 291          | 21           | 8.3                   | 0.1              | 0.1                | 0.5      | 27         | 0.19    |  |
| Hot Dog                                                                                                         | 793                        | 192          | 15           | 6.4                   | 2.1              | 0.4                | 0.4      | 11         | 1.37    | 76  | 1044                    | 252          | 20           | 8.4                   | 2.8              | 0.5                | 0.5      | 14         | 1.8     |  |
| BUN                                                                                                             |                            |              |              |                       |                  |                    |          |            |         |     |                         |              |              |                       |                  |                    |          |            |         |  |
| Burger Bun                                                                                                      | 1001                       | 238          | 7.5          | 2.6                   | 37.6             | 6.2                | 1.4      | 6.0        | 0.49    | 77  | 1300                    | 309          | 9.8          | 3.3                   | 49               | 8                  | 1.8      | 7.8        | 0.64    |  |
| Hot Dog Bun                                                                                                     | 908                        | 215          | 6.7          | 2.3                   | 34               | 5.9                | 1.2      | 5.3        | 0.47    | 70  | 1298                    | 308          | 9.6          | 3.2                   | 49               | 8.5                | 1.7      | 7.6        | 0.67    |  |
| FRIES - COOKED IN PEANUT OIL                                                                                    |                            |              |              |                       |                  |                    |          |            |         |     |                         |              |              |                       |                  |                    |          |            |         |  |
| Cajun Seasoning                                                                                                 | 84                         | 20           | 0.3          | 0.1                   | 2.9              | 1.1                | 0        | 0.8        | 1.16    | 7   | 1199                    | 287          | 4.6          | 0.8                   | 42               | 15                 | 0        | 12         | 16.5    |  |
| Little FRIES                                                                                                    | 2888                       | 694          | 41           | 5.6                   | 74               | 1                  | 6.7      | 10         | 1.11    | 256 | 1128                    | 271          | 16           | 2.2                   | 29               | 0.4                | 2.6      | 4.1        | 0.43    |  |
| Reg FRIES                                                                                                       | 4670                       | 1122         | 66           | 9.1                   | 120              | 1.7                | 11       | 17         | 1.79    | 414 | 1128                    | 271          | 16           | 2.2                   | 29               | 0.4                | 2.6      | 4.1        | 0.43    |  |
| Large FRIES                                                                                                     | 6204                       | 1491         | 88           | 12                    | 160              | 2.2                | 14       | 23         | 2.38    | 550 | 1128                    | 271          | 16           | 2.2                   | 29               | 0.4                | 2.6      | 4.1        | 0.43    |  |
| TOPPINGS                                                                                                        |                            |              |              |                       |                  |                    |          |            |         |     |                         |              |              |                       |                  |                    |          |            |         |  |
| A.1.® Original Steak Sauce                                                                                      | 53                         | 12.7         | 0.1          | 0                     | 2.5              | 1.6                | 0.3      | 0.2        | 0       | 15  | 353.3                   | 84.4         | 0.5          | 0.2                   | 16.7             | 10.8               | 1.7      | 1.5        | 0       |  |
| BBQ Sauce                                                                                                       | 74.3                       | 17.8         | 0.1          | 0                     | 4.3              | 3.5                | 0        | 0          | 0.27    | 12  | 619                     | 148          | 0.6          | 0                     | 35.8             | 29                 | 0        | 0.6        | 2.23    |  |
| Cheese (2 Slice)                                                                                                | 340                        | 81           | 6.4          | 0                     | 1.8              | 0                  | 0        | 4.1        | 0.69    | 23  | 1478                    | 353          | 28           | 0                     | 8                | 0                  | 0        | 18         | 3       |  |
| Chilli Sauce                                                                                                    | 65.6                       | 15.7         | 0.3          | 0                     | 3                | 2.6                | 0.2      | 0.2        | 0.85    | 16  | 410                     | 98           | 1.8          | 0.3                   | 18.8             | 16.5               | 1.3      | 1.4        | 5.33    |  |
| Green Peppers                                                                                                   | 7.1                        | 1.6          | 0            | 0                     | 0.4              | 0.2                | 0.1      | 0.1        | 0       | 32  | 89.2                    | 20           | 0.2          | 0.1                   | 4.6              | 2.4                | 1.7      | 0.9        | 0.01    |  |
| Grilled Mushrooms                                                                                               | 51                         | 12           | 0.1          | 0                     | 2                | 0.4                | 0.7      | 1          | 0.23    | 8   | 160                     | 38           | 0.4          | 0.1                   | 6.4              | 1.3                | 2.2      | 3          | 0.73    |  |
| Grilled Onions                                                                                                  | 46                         | 11           | 0.1          | 0                     | 2.5              | 1.5                | 0.8      | 0.4        | 0       | 27  | 170                     | 40           | 0.4          | 0.1                   | 9.3              | 5.5                | 3        | 1.4        | 0.01    |  |
| Hot Sauce                                                                                                       | 0                          | 0            | 0            | 0                     | 0                | 0                  | 0        | 0          | 0.1     | 10  | 0                       | 0            | 0            | 0                     | 0                | 0                  | 0        | 0          | 0.95    |  |
| Jalapeno Peppers                                                                                                | 3.9                        | 0.9          | 0            | 0                     | 0.5              | 0.3                | 0.2      | 0.1        | 0.02    | 7   | 55                      | 13           | 0.4          | 0.1                   | 7                | 4.1                | 2.8      | 0.9        | 0.25    |  |
| Lettuce                                                                                                         | 9.2                        | 3            | 0            | 0                     | 0.3              | 0                  | 0.2      | 0.1        | 0       | 16  | 57.5                    | 19           | 0.1          | 0                     | 1.8              | 0                  | 1.2      | 0.9        | 0.03    |  |
| Mayonnaise                                                                                                      | 466                        | 113          | 12           | 2                     | 0.3              | 0.3                | 0        | 0.2        | 0.2     | 15  | 3104                    | 754          | 82           | 13                    | 2.2              | 2.2                | 0        | 1.2        | 1.3     |  |
| Mustard                                                                                                         | 15.8                       | 3.8          | 0.1          | 0                     | 0.3              | 0.1                | 0        | 0.3        | 0.18    | 6   | 264                     | 63           | 2.4          | 0.2                   | 5.8              | 1.1                | 0        | 4.5        | 3.05    |  |
| Onions                                                                                                          | 33                         | 8            | 0.1          | 0                     | 1.8              | 1                  | 0.5      | 0.3        | 0       | 25  | 133                     | 32           | 0.3          | 0                     | 7                | 3.8                | 2        | 1.2        | 0.01    |  |
| Pickles                                                                                                         | 9.8                        | 2.4          | 0            | 0                     | 0.2              | 0.2                | 0.2      | 0.1        | 0.4     | 20  | 49                      | 12           | 0.2          | 0.1                   | 1                | 1                  | 1.1      | 0.6        | 2       |  |
| Relish                                                                                                          | 65                         | 15           | 0            | 0                     | 3.5              | 2.9                | 0.1      | 0.1        | 0.14    | 10  | 653                     | 154          | 0.4          | 0.2                   | 35.1             | 29                 | 1.2      | 0.4        | 1.4     |  |
| Tomato Ketchup                                                                                                  | 61                         | 14           | 0            | 0                     | 3.2              | 3.2                | 0        | 0.2        | 0.25    | 14  | 435                     | 102          | 0.1          | 0                     | 23.2             | 22.8               | 0        | 1.2        | 1.8     |  |
| Tomatoes                                                                                                        | 26                         | 6            | 0            | 0                     | 1.3              | 1.3                | 0.4      | 0          | 0       | 43  | 61                      | 14           | 0.1          | 0                     | 3.0              | 3                  | 1        | 0.1        | 0.01    |  |
| MILKSHAKES (MIX-INS) - amount of individual mix-ins may vary depending upon number of mix-ins included in shake |                            |              |              |                       |                  |                    |          |            |         |     |                         |              |              |                       |                  |                    |          |            |         |  |
| Banana                                                                                                          | 679                        | 158          | 1            | 0.3                   | 37               | 35                 | 0.5      | 0.4        | 0       | 80  | 849                     | 198          | 1.2          | 0.4                   | 46               | 44                 | 0.6      | 0.5        | 0       |  |
| Chocolate                                                                                                       | 804                        | 192          | 0.6          | 0.4                   | 43.7             | 39.1               | 2        | 1.3        | 0.01    | 73  | 1102                    | 263          | 0.9          | 0.5                   | 59.8             | 53.5               | 2.7      | 1.8        | 0.02    |  |
| Coffee                                                                                                          | 63                         | 15           | 0            | 0                     | 3                | 0.2                | 0        | 0.8        | 0.01    | 10  | 633                     | 150          | 0            | 0                     | 30               | 2.3                | 0        | 7.7        | 0.1     |  |
| Five Guys Milkshake Base                                                                                        | 2877.2                     | 687.7        | 36.1         | 23.3                  | 81               | 78.8               | 0.4      | 9.2        | 0.52    | 401 | 717.5                   | 171.5        | 9            | 5.8                   | 20.2             | 19.9               | 0.1      | 2.3        | 0.13    |  |
| Lotus Biscoff® Cookie Crumbles                                                                                  | 606.3                      | 144.3        | 5.7          | 2.4                   | 21.8             | 11.4               | 0.4      | 1.5        | 0.28    | 30  | 2021                    | 481          | 19           | 8                     | 72.6             | 38.1               | 1.3      | 4.9        | 0.92    |  |
| Mango                                                                                                           | 146                        | 35           | 0            | 0                     | 8.1              | 1.5                | 0.3      | 0.2        | 0.21    | 30  | 486                     | 116          | 0            | 0                     | 27               | 5                  | 1        | 0.6        | 0.7     |  |
| Oreo® Cookie Pieces                                                                                             | 471.3                      | 112.8        | 3.8          | 0                     | 17.6             | 0                  | 0        | 1.7        | 0.3     | 25  | 1885                    | 451          | 15.1         | 0                     | 70.3             | 0                  | 0        | 6.8        | 1.25    |  |
| Peanut Butter                                                                                                   | 1374.8                     | 328.7        | 28           | 4.4                   | 8.4              | 4.6                | 4.2      | 12.3       | 0.9     | 56  | 2455                    | 587          | 50           | 7.9                   | 15               | 8.3                | 7.5      | 22         | 1.6     |  |
| Salted Caramel                                                                                                  | 862.2                      | 206.1        | 0.5          | 0.3                   | 49.5             | 38.5               | 0.1      | 0.7        | 0.98    | 67  | 1286.8                  | 307.6        | 0.7          | 0.4                   | 73.8             | 57.4               | 0.2      | 1          | 1.47    |  |
| Strawberry                                                                                                      | 402                        | 94           | 0.2          | 0.1                   | 23.2             | 23.2               | 0.7      | 0.3        | 0.02    | 80  | 503                     | 118          | 0.2          | 0.1                   | 29               | 29                 | 0.9      | 0.4        | 0.03    |  |
| Whipped Cream                                                                                                   | 319.8                      | 77.2         | 7.3          | 6.8                   | 2.4              | 2.3                | 0        | 0.4        | 0.03    | 26  | 1230                    | 294          | 28.2         | 26                    | 9.4              | 8.7                | 0        | 1.6        | 0.1     |  |
| OTHER ITEMS                                                                                                     |                            |              |              |                       |                  |                    |          |            |         |     |                         |              |              |                       |                  |                    |          |            |         |  |
| BLT                                                                                                             | 2728                       | 652          | 41           | 9.9                   | 45               | 8.8                | 3.6      | 22         | 2.67    |     | 1364                    | 326          | 20           | 5                     | 23               | 4.4                | 1.8      | 11         | 1.3     |  |
| Bulk Peanuts without shell                                                                                      |                            |              |              |                       |                  |                    |          |            |         |     | 2462                    | 594          | 43           | 7                     | 25               | <1                 | 11       | 25         | 1.86    |  |
| Cheese Veggie Sandwich                                                                                          | 1791                       | 428          | 14           | 5.9                   | 57               | 15                 | 5.9      | 14         | 2.5     |     | 611                     | 146          | 4.7          | 2                     | 30               | 5                  | 2        | 4.8        | 0.86    |  |
| Grilled Cheese                                                                                                  | 1816                       | 434          | 24           | 7.6                   | 42               | 7.3                | 2.2      | 12         | 2.2     |     | 1540                    | 368          | 20           | 6.4                   | 36               | 6.2                | 1.9      | 11         | 1.9     |  |
| Veggie Sandwich                                                                                                 | 1381                       | 330          | 7.4          | 2.4                   | 52               | 13                 | 5.4      | 10         | 1.2     |     | 540                     | 129          | 2.9          | 1                     | 20               | 5.2                | 2.1      | 3.9        | 0.47    |  |
| DRINKS - Please Ask to Check the Bottle Label or Ask a Manager for the Freestyle Machine                        |                            |              |              |                       |                  |                    |          |            |         |     |                         |              |              |                       |                  |                    |          |            |         |  |

hand. This may cause slight variation in serving sizes which may affect the nutrition values for each product.

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|----------------------------------------------------------------|----------------------------|--------------|--------------|-----------------------|------------------|--------------------|----------|------------|---------|--|-------------------------|--------------|--------------|-----------------------|------------------|--------------------|----------|------------|---------|
|                                                                | Energy, kJ                 | Energy, kcal | Total fat, g | of which Saturated, g | Carbohydrates, g | of which Sugars, g | Fibre, g | Protein, g | Salt, g |  | Energy, kJ              | Energy, kcal | Total fat, g | of which Saturated, g | Carbohydrates, g | of which Sugars, g | Fibre, g | Protein, g | Salt, g |
| OTHER DRINKS                                                   | Typical values per serving |              |              |                       |                  |                    |          |            |         |  | Typical values per 100g |              |              |                       |                  |                    |          |            |         |
| Cold Americano                                                 | 322                        | 77           | 0            |                       | 11.6             |                    | 0        | 0.5        | 0.083   |  | 63                      | 15           | 0            |                       | 2.3              |                    | 0        | 0.1        | 0.018   |
| Cold Americano (No Sugar)                                      | 147                        | 35           | 0            |                       | 1.4              |                    | 0        | 0.5        | 0.083   |  | 29                      | 7            | 0            |                       | 0.3              |                    | 0        | 0.1        | 0.018   |
| Cold Classic Latte                                             | 728                        | 174          | 5.8          |                       | 17.6             |                    | 0        | 1.3        | 0.265   |  | 147                     | 35           | 1.2          |                       | 3.5              |                    | 0        | 0.3        | 0.053   |
| Cold Classic Latte (No Sugar)                                  | 493                        | 118          | 5.8          |                       | 4                |                    | 0        | 1.3        | 0.265   |  | 100                     | 24           | 1.2          |                       | 0.8              |                    | 0        | 0.3        | 0.053   |
| Cold Grapefruit Jasmine Milk Tea                               | 695                        | 166          | 7.4          |                       | 23.9             |                    | 0        | 0.7        | 0.178   |  | 138                     | 33           | 1.5          |                       | 4.8              |                    | 0        | 0.1        | 0.035   |
| Cold Grapefruit Jasmine Milk Tea (No Sugar)                    | 481                        | 115          | 7.4          |                       | 11.7             |                    | 0        | 0.7        | 0.178   |  | 96                      | 23           | 1.5          |                       | 2.3              |                    | 0        | 0.1        | 0.035   |
| Cold Grapefruit Lemon Tea                                      | 557                        | 133          | 0            |                       | 32.6             |                    | 0        | 0          | 0.03    |  | 113                     | 27           | 0            |                       | 6.5              |                    | 0        | 0          | 0.005   |
| Cold Grapefruit Lemon Tea (No Sugar)                           | 368                        | 88           | 0            |                       | 21.8             |                    | 0        | 0          | 0.03    |  | 75                      | 18           | 0            |                       | 4.4              |                    | 0        | 0          | 0.005   |
| Cold Guava Jasmine Milk Tea                                    | 661                        | 158          | 7.4          |                       | 22               |                    | 0        | 0.7        | 0.19    |  | 134                     | 32           | 1.5          |                       | 4.4              |                    | 0        | 0.1        | 0.038   |
| Cold Guava Jasmine Milk Tea (No Sugar)                         | 448                        | 107          | 7.4          |                       | 9.8              |                    | 0        | 0.7        | 0.19    |  | 88                      | 21           | 1.5          |                       | 2.0              |                    | 0        | 0.1        | 0.038   |
| Cold Guava Lemon Tea                                           | 494                        | 118          | 0            |                       | 28.9             |                    | 0        | 0          | 0.048   |  | 100                     | 24           | 0            |                       | 5.8              |                    | 0        | 0          | 0.01    |
| Cold Guava Lemon Tea (No Sugar)                                | 306                        | 73           | 0            |                       | 18.1             |                    | 0        | 0          | 0.05    |  | 63                      | 15           | 0            |                       | 3.6              |                    | 0        | 4          | 0.01    |
| Cold Jasmine Milk Tea                                          | 716                        | 171          | 9.6          |                       | 20.1             |                    | 0        | 0.9        | 0.22    |  | 142                     | 34           | 1.9          |                       | 4.0              |                    | 0        | 0.2        | 0.045   |
| Cold Jasmine Milk Tea (No Sugar)                               | 440                        | 105          | 10           |                       | 3.2              |                    | 0        | 0.9        | 0.23    |  | 88                      | 21           | 2.0          |                       | 0.6              |                    | 0        | 0.2        | 0.045   |
| Cold Jasmine Tea                                               | 297                        | 71           | 0            |                       | 17.2             |                    | 0        | 0          | 0.008   |  | 59                      | 14           | 0            |                       | 3.4              |                    | 0        | 0          | 0       |
| Cold Jasmine Tea (No Sugar)                                    | 4                          | 1            | 0            |                       | 0.2              |                    | 0        | 0          | 0.008   |  | 0                       | 0            | 0            |                       | 0                |                    | 0        | 0          | 0       |
| Hot Americano                                                  | 460                        | 42           | 0            |                       | 18.1             |                    | 0        | 0.6        | 0.103   |  | 92                      | 8            | 0            |                       | 3.6              |                    | 0        | 0.1        | 0.02    |
| Hot Americano (No Sugar)                                       | 176                        | 42           | 0            |                       | 1.8              |                    | 0        | 0.6        | 0.103   |  | 33                      | 8            | 0            |                       | 0.4              |                    | 0        | 0.1        | 0.02    |
| Hot Classic Latte                                              | 1277                       | 305          | 14.3         |                       | 28.6             |                    | 0        | 2.2        | 0.473   |  | 255                     | 61           | 2.9          |                       | 5.7              |                    | 0        | 0.4        | 0.095   |
| Hot Classic Latte (No Sugar)                                   | 921                        | 220          | 14.7         |                       | 7                |                    | 0        | 2.3        | 0.483   |  | 184                     | 44           | 2.9          |                       | 1.4              |                    | 0        | 0.5        | 0.098   |
| Hot Guava Jasmine Milk Tea                                     | 1088                       | 260          | 11.8         |                       | 36.9             |                    | 0        | 1.1        | 0.308   |  | 218                     | 52           | 2.4          |                       | 7.4              |                    | 0        | 0.2        | 0.063   |
| Hot Guava Jasmine Milk Tea (No Sugar)                          | 745                        | 178          | 11.8         |                       | 17.2             |                    | 0        | 1.1        | 0.308   |  | 151                     | 36           | 2.4          |                       | 3.4              |                    | 0        | 0.2        | 0.063   |
| Hot Jasmine Milk Tea                                           | 1080                       | 258          | 16           |                       | 26.9             |                    | 0        | 1.4        | 0.368   |  | 218                     | 52           | 3.2          |                       | 5.4              |                    | 0        | 0.3        | 0.073   |
| Hot Jasmine Milk Tea (No Sugar)                                | 707                        | 169          | 16.1         |                       | 5.1              |                    | 0        | 1.4        | 0.368   |  | 142                     | 34           | 3.2          |                       | 1                |                    | 0        | 0.3        | 0.073   |
| Hot Jasmine Tea                                                | 473                        | 113          | 0            |                       | 27.5             |                    | 0        | 0          | 0.01    |  | 96                      | 23           | 0            |                       | 5.5              |                    | 0        | 0          | 0       |
| Hot Jasmine Tea (No Sugar)                                     | 4                          | 1            | 0            |                       | 0.3              |                    | 0        | 0          | 0.01    |  | 0                       | 0            | 0            |                       | 0                |                    | 0        | 0          | 0       |

Nutrition Information provided is based on representative values provided by suppliers, published resources, analysis using industry standard software and testing conducted in accredited laboratories. Five Guys cannot guarantee the nutrition information provided is fully accurate as it relates to the prepared menu items in all of our restaurants. Our menu items are made to order by hand. This may cause slight variation in serving sizes which may affect the nutrition values for each product.

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