

ALLERGEN GUIDE

FOR USE IN SAUDI ARABIA LOCATIONS ONLY

	NUTS	PEANUTS	SESAME SEEDS	MILK	EGG	LUPIN	SOYA	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEANS	CELERY	MOLLUSCS	SULPHUR DIOXIDE AND SULPHITES	MUSTARD
MEAT														
Beef Burger Patty				1			1							1
Hot Dog				1			✓							✓
BUN														
Burger Bun			✓	✓	✓		✓	✓						
Hot Dog Bun			1	✓	✓		✓	✓						
FRIES														
Cajun Seasoning											✓			
Fries - COOKED IN PEANUT OIL		✓									1			
TOPPINGS														
A.1.® Original Steak Sauce											✓			
BBQ Sauce											✓			✓
Cheese				✓			1							1
Green Peppers														
Grilled Mushrooms			1	1	1		1	1						1
Hot Sauce														
Jalapeno Peppers														
Tomato Ketchup											✓			
Lettuce														
Mayonnaise			1	1	✓		1	1						✓
Mustard														✓
Onions														
Grilled Onions			1	1	1		1	1						1
Pickles														✓
Relish			1	1	1		1	1						1
Tomatoes														
MILKSHAKES														
Banana		1		✓			1	1						
Biscoff® Crumble		1		✓			✓	✓						
Chocolate		1		✓			1	1						
Coffee		1		✓			1	1						
Five Guys Milkshake Base		1		✓			1	1						
Oreo® Cookie Pieces		1		✓			✓	✓						
Peach Crumble		1		✓			✓	✓						
Peanut Butter		✓		✓			✓	1						
Salted Caramel		1		✓			1	1						
Strawberry		1		✓			1	1						
Whipped Cream		1		✓			1	1						
OTHER ITEMS														
Bulk Peanuts without shell	1	✓												
Malt Vinegar								✓						
DRINKS (FREESTYLE AND BOTTLED) - Please Ask to Check the Bottle Label or Ask a Manager for the Freestyle Machine Screen														

✓ Contains this allergen.
 1 Not suitable for allergy sufferers due to manufacturing, preparation, and cooking methods.
 Oreo® is a registered trademark of Mondelēz International Group, used with permission.
 Biscoff® Crumble is a trademark of Lotus Bakeries, used with permission.

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INGREDIENTS GUIDE FOR USE IN SAUDI ARABIA LOCATIONS ONLY

MEAT	
Beef Burger Patty	Ground Beef
Hot Dog	Beef, Salt, Spices Premix, Permitted Food Conditioners, Permitted Flavouring, Soy Fiber, Sugar And Curing Salt. Contain SOYA And MILK
BUN	
Burger Bun	Our bread is a proprietary recipe. The primary ingredients are: WHEAT flour, Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , SESAME seeds, Salt, SOYA flour, acidity regulator: Calcium Carbonate, Spirit vinegar
Hot Dog Bun	Our bread is a proprietary recipe. The primary ingredients are: WHEAT flour, Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , Salt, SOYA flour, acidity regulator: Calcium Carbonate, Spirit vinegar. May contain SESAME seeds
FRIES	
Cajun Seasoning	Garlic, Salt, Onion, Paprika, Oregano, White Pepper, Cayenne Pepper, CELERY Seeds, Rapeseed Oil
Fries - Cooked in PEANUT Oil	Potatoes, PEANUT oil, Salt
TOPPINGS	
A.1.® Original Steak Sauce	Tomato Puree (Water, Tomato Paste), Vinegar, Corn Syrup, Salt, Raisin Paste, Crushed Orange Puree, Spice, Dried Garlic, Caramel Colour, Dried Onions, Potassium Sorbate (To Preserve Freshness), Xanthan Gum, CELERY Seed.
BBQ Sauce	Distilled Vinegar, Tomato Paste, High Fructose Corn Syrup, Water, Corn Syrup, Salt, MUSTARD Bran, Molasses, Spices, Onion Powder, Sodium Benzoate (As A Preservative), Garlic Powder, Sugar, CELERY Seed And Natural Flavors
Cheese	Cheddar Cheese (MILK), Water, Butter (MILK), Cheese (MILK), MILK Proteins, Whey powder (MILK), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring (MILK), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anticaking agent: Sunflower Lecithin
Green Peppers	Green Peppers
Grilled Mushrooms	Mushrooms, Water, Sugar, High Fructose Corn Syrup, Salt, Citric Acid, Ascorbic Acid, Sodium Benzoate, Potassium Sorbate.
Hot Sauce	Aged Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Natural Flavor, Garlic Powder
Jalapeño Peppers	Jalapeño Peppers
Tomato Ketchup	Tomatoes, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts (CELERY)
Lettuce	Lettuce
Mayonnaise	Soybean oil, EGG yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground MUSTARD seeds, antioxidant (calcium disodium EDTA), spice
Mustard	Spirit Vinegar, Water, MUSTARD Seed, Salt, Turmeric, Paprika, Spice, Flavoring, Garlic Powder
Onions	Onions
Pickles	Cucumbers, Water, Spirit vinegar, Salt, firming agent: Calcium Chloride, preservative Sodium Benzoate, Dill Flavoring and other flavorings (MUSTARD), emulsifier: Gum Arabic
Relish	Cucumbers, Corn Syrup, Water, High Fructose Corn Syrup, Vinegar, Salt, Xanthan Gum, 0.1% Sodium Benzoate (Preservative), Calcium Chloride, Alum, Natural Flavors, Polysorbate 80, Yellow 5, Maltol
Tomatoes	Tomatoes
MILKSHAKES	
Banana	Bananas, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Biscoff® Crumble	WHEAT flour, sugar, vegetable oils (palm, rapeseed), candy sugar syrup, raising agent (sodium hydrogen carbonate), salt, cinnamon. It may contain SOYA
Chocolate	Corn Syrup, Sugar, Nonfat MILK , Cocoa Powder (Processed with Alkali), Water, Invert Sugar, Coconut Oil, Natural & Artificial Flavors, Chocolate (Processed with Alkali), Corn Starch - Modified, Potassium Sorbate as a Preservative, Mono and Diglycerides, Disodium Phosphate, Salt. May contain SOY .
Coffee	Liquid coffee extract with sugar Contains at least 28% of coffee dry matter.
Five Guys Milkshake Base	Reconstituted Skimmed MILK , Cream (MILK), Sugar, Water, Dextrose, MILK Solids, Emulsifiers: Mono and diglycerides of fatty acids, Propyleneglycol esters of fatty acids, stabilisers: Carrageenan, Guar Gum, Cellulose Gum, Natural Flavoring
Oreo® Cookie Pieces	WHEAT Flour, Sugar, Palm oil, Fat Reduced Cocoa Powder, WHEAT Starch Glucose-Fructose syrup, Raising Agents: Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate, Salt, Emulsifiers: SOYA Lecithin, Sunflower Lecithin, Flavoring: Vanillin
Peach Crumble (Peach fruit mix & Biscoff® Crumble)	Peach fruit mix: sugar, peach puree, natural flavouring, thickener (pectin), acidity regulator (citric acid), preservative (potassium sorbate), emulsifier (mono- and di-glycerides of fatty acids). Contains 50.1% peach puree. Biscoff® Crumble: WHEAT flour, sugar, vegetable oils (palm, rapeseed), candy sugar syrup, raising agent (sodium hydrogen carbonate), salt, cinnamon. It may contain SOYA .
Peanut Butter	PEANUT , PEANUT Oil, Sugar, Salt, Hydrogenated Vegetable Oil (Rapeseed Oil, Cottonseed Oil, SOY bean Oil), Cornstarch
Salted Caramel	Corn syrup, Water, High fructose corn syrup, Sugar, Non-fat MILK , Heavy cream (MILK), Salt, natural flavor: Pectin, Disodium Phosphate. May contain, SOY .
Strawberry	Strawberry, Sugar, Pepper, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Whipped Cream	Cream (MILK); propellants: N2O, N2; emulsifier: Mono-and Diglycerides; stabiliser: Carrageenan
OTHER ITEMS	
Bulk Peanuts without shell	PEANUTS , Salt
Malt Vinegar	BARLEY Malt Vinegar, BARLEY Malt Extract
DRINKS (FREESTYLE AND BOTTLED) - Please Ask to Check the Bottle Label or Ask a Manager for the Freestyle Machine	

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NUTRITIONAL INFORMATION FOR USE IN SAUDI ARABIA LOCATIONS ONLY																													
	Energy, kJ	Energy, kcal	Total fat, g	of which Saturated, g	Carbohydrates, g	of which Sugars, g	Fibre, g	Protein, g	Salt, g	Average portion size (g)	Energy, kJ	Energy, kcal	Total fat, g	of which Saturated, g	Carbohydrates, g	of which Sugars, g	Fibre, g	Protein, g	Salt, g										
MEAT										Typical values per serving										Typical values per 100g									
Beef Burger Patty	812	195	14	5.6	0.1	0.1	0.3	18	0.13	67	1212	291	21	8.3	0.1	0.1	0.5	27	0.19										
Hot Dog	793	192	15	6.4	2.1	0.4	0.4	11	1.37	76	1044	252	20	8.4	2.8	0.5	0.5	14	1.8										
BUN																													
Burger Bun	1001	238	7.5	2.6	37.6	6.2	1.4	6	0.49	77	1300	309	9.8	3.3	49	8	1.8	7.8	0.64										
Hot Dog Bun	908	215	6.7	2.3	34	5.9	1.2	5.3	0.47	70	1298	308	9.6	3.2	49	8.5	1.7	7.6	0.67										
FRIES - COOKED IN PEANUT OIL																													
Cajun Seasoning	84	20	0.3	0.1	2.9	1.1	0	0.8	1.16	7	1199	287	4.6	0.8	42	15	0	12	16.5										
Little FRIES	2888	694	41	5.6	74	1	6.7	10	1.11	256	1128	271	16	2.2	29	0.4	2.6	4.1	0.43										
Reg FRIES	4670	1122	66	9.1	120	1.7	11	17	1.79	414	1128	271	16	2.2	29	0.4	2.6	4.1	0.43										
Large FRIES	6204	1491	88	12	160	2.2	14	23	2.38	550	1128	271	16	2.2	29	0.4	2.6	4.1	0.43										
TOPPINGS																													
A.1.® Original Steak Sauce	61.2	14.6	0	0	3.1	2	0.3	0.2	0.73	17	360	86.1	0.2	0.1	18.4	12	1.6	1.2	4.29										
BBQ Sauce	107.3	25.7	0.1	0	7.6	3.9	0.3	0.2	0.38	15	715.5	171	0.4	0.1	50.5	26	1.7	1.4	2.5										
Cheese (1 Slice)	295.1	70.5	5.7	3.6	0.6	0.6	0	3.7	0.7	19	1553	371	30	19.2	3	3	0	19.5	3.7										
Green Peppers	7.1	1.6	0	0	0.4	0.2	0.1	0.1	0	8	89.2	20	0.2	0.1	4.6	2.4	1.7	0.9	0.01										
Grilled Mushrooms	26.9	6.4	0	0	1	1	0.3	0.6	0.23	32	84	20	0	0	3	3	1	2	0.73										
Grilled Onions	46	11	0.1	0	2.5	1.5	0.8	0.4	0	27	170	40	0.4	0.1	9.3	5.5	3	1.4	0.01										
Hot Sauce	8.9	2.1	0	0	0.2	0.2	0	0.1	0.79	8	111	26	0.1	0	2.6	1.9	0	0.7	8.76										
Jalapeño Peppers	3.9	0.9	0	0	0.5	0.3	0.2	0.1	0.02	7	55	13	0.4	0.1	7.0	4.1	2.8	0.9	0.25										
Lettuce	9.2	3	0	0	0.3	0	0.2	0.1	0	16	57.5	19	0.1	0.0	1.8	0	1.2	0.9	0.03										
Mayonnaise	464.4	111	12.3	2	0.4	0.4	0	0.1	0.18	15	3096	740	81.9	13	2.7	2.5	0	0.8	1.22										
Mustard	16.5	4	0.3	0	0.3	0	0.2	0.3	0.18	6	275.8	65.9	4.2	0.3	4.5	0.5	3.4	4.2	3										
Onions	33	8	0.1	0	1.8	1	0.5	0.3	0	25	133	32	0.3	0	7	3.8	2	1.2	0.01										
Pickles	9.8	2.4	0	0	0.2	0.2	0.2	0.1	0.4	20	49	12	0.2	0	1	1	1.1	0.6	1.96										
Relish	51	12	0	0	3	2.3	0	0	0.06	10	510	120	0	0	30	23	0	0	0.57										
Tomatoes	26	6	0	0	1.3	1.3	0.4	0	0	43	61	14	0.1	0	3	3	1	0.1	0.01										
Tomato Ketchup	68.9	16.5	0	0	4.1	3.3	0	0	0.33	14	492	117.7	0	0	29.4	23.5	0	0	2.35										
MILKSHAKES (MIX-INS) - amount of individual mix-ins may vary depending upon number of mix-ins included in shake																													
Banana	679	158	1	0.3	37	35	0.5	0.4	0	80	849	198	1.2	0.4	46	44	0.6	0.5	0										
Biscoff® Crumble	609.6	145.2	5.7	2.4	21.8	11.4	0.4	1.5	0.28	30	2032	484	19	8	72.6	38.1	1.3	4.9	0.92										
Chocolate	769.4	183.9	2.8	2.1	41.4	30.4	3.3	2.6	0.1	69	1115	266.5	4.1	3.1	60	44	4.8	3.8	0.15										
Coffee	63.3	15	0	0	3	0.2	0	0.8	0.01	10	633	150	<0.1	<0.1	30	2.3	0	7.7	0.1										
Five Guys Milkshake Base	2877	687.5	36.1	23.3	81	79.8	0.4	9.2	0.4	401	717.5	171.5	9	5.8	20.2	19.9	0.1	2.3	0.1										
Oreo® Cookie Pieces	505	120.8	5.2	1.3	18.1	10.4	0.5	0.8	0.22	25	2020	483	20.7	5.2	72.4	41.4	2	3	0.86										
Peach Crumble	1360.8	321.6	3.2	1.3	71.2	60.8	1.2	1.2	0.17	120	1134	268	2.7	1.1	59.3	50.7	1	1	0.14										
Peanut Butter	1513.7	361.7	33.1	5.5	10.3	5.5	3.6	10.9	0.61	56	2703	645.8	59.1	9.8	18.4	9.8	6.4	19.4	1.09										
Salted Caramel	862.2	206.1	0.5	0.3	49.5	38.5	0.1	0.67	0.98	67	1286.8	307.6	0.7	0.4	73.8	57.4	0.2	1	1.47										
Strawberry	402	94	0.2	0.1	23.2	23.2	0.7	0.3	0.02	80	503	118	0.2	0.1	29	29	0.9	0.4	0.03										
Whipped Cream	311	75.1	7	5	2.5	2.5	0	0.6	0.03	26	1196	289	27	19.1	9.5	9.5	0	2.1	0.11										
OTHER ITEMS																													
Bulk Peanuts without shell											2462	594	43	7	25	<1	11	25	1.86										
BREAKFAST*																													
Egg	389	93	6.1	1.7	1.3	0.2	0.3	8.4	0.26	51	762	183	12	3.7	2.5	0.3	0.5	16.4	0.5										
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* Available only at participating locations.

Nutrition Information provided is based on representative values provided by suppliers, published resources, analysis using industry standard software and testing conducted in accredited laboratories. Five Guys cannot guarantee the nutrition information provided is fully accurate as it relates to the prepared menu items in all of our restaurants. Our menu items are made to order by hand. This may cause slight variation in serving sizes which may affect the nutrition values for each product.

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