

ALLERGEN GUIDE

FOR USE IN

MACAU

LOCATIONS ONLY

	NUTS	PEANUTS	SESAME SEEDS	MILK	EGG	LUPIN	SOYA	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEANS	CELERY	MOLLUSCS	SULPHUR DIOXIDE AND SULPHITES	MUSTARD
MEAT														
Bacon				1			1							
Beef Burger Patty				1			1							
Hot Dog				1			✓							
BUN														
Burger Bun	1	1	✓	✓	✓		✓	✓	1					
Hot Dog Bun	1	1	1	✓	✓		✓	✓	1					
FRIES														
Cajun Seasoning											✓			
Fries - COOKED IN PEANUT OIL		✓									1			
TOPPINGS														
A.1.® Original Steak Sauce											✓			
BBQ Sauce											✓			✓
Cheese				✓			1							
Chilli Sauce														
Green Peppers														
Grilled Mushrooms	1	1	1	1	1		1	1	1		1			
Grilled Onions	1	1	1	1	1		1	1	1					
Hot Sauce														
Jalapeno Peppers														
Lettuce														
Mayonnaise	1	1	1	1	✓		1	1	1					✓
Mustard														✓
Onions														
Pickles														
Relish			1	1	1		1	1			1			1
Tomato Ketchup											✓			
Tomatoes														
MILKSHAKES														
Banana	1	1	1	✓			1	1						
Biscoff® Crumble	1	1	1	✓			✓	✓						
Chocolate	1	1	1	✓			1	1						
Coffee	1	1	1	✓			1	1						
Five Guys Milkshake Base	1	1	1	✓			1	1						
Oreo® Cookie Pieces	1	1	1	✓			✓	✓						
Peanut Butter	1	✓	1	✓			✓	1						
Peach Crumble	1	1	1	✓			✓	✓						
Salted Caramel	1	1	1	✓			1	1						
Strawberry	1	1	1	✓			1	1						
Whipped Cream	1	1	1	✓			1	1						
OTHER ITEMS														
BLT	1	1	✓	✓	✓		✓	✓						✓
Bulk Peanuts without shell		✓												
Cheese Veggie Sandwich	1	1	✓	✓	✓		✓	✓			1			1
Grilled Cheese	1	1	✓	✓	✓		✓	✓						✓
Malt Vinegar								✓						
Veggie Sandwich	1	1	✓	✓	✓		✓	✓			1			1
DRINKS (FREESTYLE AND BOTTLED) - Please Ask to Check the Bottle Label or Ask a Manager for the Freestyle Machine Screen														

✓ Contains this allergen.
 1 Not suitable for allergy sufferers due to manufacturing, preparation, and cooking methods.
 Oreo® is a registered trademark of Mondelēz International Group, used with permission.
 Biscoff® Crumble is a trademark of Lotus Bakeries, used with permission.

Five Guys Holdings, Inc. makes every attempt to identify ingredients which may cause allergic reactions for those with food allergies. Every effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is a possibility that manufacturers of foods we use could change the formulation at any time, without notice. There is also a risk of cross contamination due to the nature of our ingredients. Customers concerned with food allergies need to be aware of this risk. Five Guys International will not assume any liability for adverse reactions to foods consumed, or items one may come into contact with while eating at any Five Guys restaurant.

INGREDIENTS GUIDE FOR USE IN MACAU LOCATIONS ONLY

MEAT	
Bacon	Applewood Smoked Sliced Bacon Cured With: Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate. Sodium Nitrite. Naturally Smoked.
Beef Burger Patty	Ground Beef
Hot Dog	Beef, Water, Contains 2% or less of: Salt, Spice, Sodium Lactate, Paprika, Hydrolyzed SOY Protein, Garlic Powder, Sodium Diacetate, Sodium Erythorbate, Flavoring, Sodium Nitrite.
BUN	
Burger Bun	WHEAT Flour, Water, Bread Premix (Palm Shortening, Sugar, Non-Fat Dry MILK , Whey Solids (MILK), WHEAT , Salt, Mono-And Diglycerides, Whole EGGS , Diacetyl Tartaric Acid Esters of Mono-And Diglycerides, Polysorbate 60, Ascorbic Acid (Vitamin C), Alpha Amylase, Xylanase, L-Cysteine Hydrochloride Anhydrous], Yeast, White SESAME seeds, Blended Enzyme (WHEAT Flour, Salt, Alpha Amylase, Xylanase), Vinegar. It may contain PEANUTS and NUTS
Hot Dog Bun	WHEAT Flour, Water, Bread Premix (Palm Shortening, Sugar, Non-Fat Dry MILK , Whey Solids (MILK), WHEAT , Salt, Mono-And Diglycerides, Whole EGGS , Diacetyl Tartaric Acid Esters of Mono-And Diglycerides, Polysorbate 60, Ascorbic Acid (Vitamin C), Alpha Amylase, Xylanase, L-Cysteine Hydrochloride Anhydrous], Yeast, Blended Enzyme (WHEAT Flour, Salt, Alpha Amylase, Xylanase), Vinegar. It may contain PEANUTS , SESAME seeds and NUTS
FRIES	
Cajun Seasoning	Garlic, Salt, Onion, Paprika, Oregano, White Pepper, Cayenne Pepper, CELERY Seeds, Rapeseed Oil.
Fries - Cooked in PEANUT Oil	Potatoes, PEANUT oil, Salt
TOPPINGS	
A.1.® Original Steak Sauce	Tomato Puree (Water, Tomato Paste), Vinegar, Corn Syrup, Salt, Raisin Paste, Crushed Orange Puree, Spices (Contain CELERY), Dried Garlic, Caramel Color, Dried Onion, Xanthan Gum.
BBQ Sauce	Water, Sugar, Tomato Paste (19%) (Tomato Paste, Acidity Regulator: Citric Acid), Spirit Vinegar, Cane Molasses (2.5%), Salt, MUSTARD Bran, Modified Maize Starch, Spices, Smoked Maltodextrin, Preservative (Potassium Sorbate), Caramelised Sugar Syrup.
Cheese	Cheddar cheese (MILK) (51%), Water, Butter (MILK), Cheese (MILK), MILK Protein, Whey Powder (MILK), Emulsifying Salt (Trisodium Citrate), Natural Cheese Flavour (MILK), Salt, Acid Regulator (Lactic Acid) Preservative (Sorbic Acid), Colours (Beta-carotene, Paprika Extract), Anticaking Agent (Lecithins)
Chilli Sauce	Water, Salted Chilli Peppers (Chilli Peppers, Salt), Chilli Pepper Powder, White Sugar, Sweet Potato Powder, Salted Plums (Plums, Salt), Modified Corn Starch, Salt, Flavour Enhancer (E621), Dehydrated Garlic, Rice Vinegar, Acid (E260).
Green Peppers	Green Peppers
Grilled Mushrooms	Mushrooms, water, sugar, salt, acidity regulators: citric acid, ascorbic acid
Hot Sauce	Cayenne Pepper (≥30%), Vinegar (Water, Corn), Water, Salt, Garlic
Jalapeño Peppers	Jalapeño Peppers
Lettuce	Lettuce
Mayonnaise	Soybean oil, EGG yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground MUSTARD seeds, antioxidant (calcium disodium EDTA), spice
Mustard	Water, Spirit Vinegar, MUSTARD Seed (14%), Salt, Spices, Flavourings.
Onions	Onions
Pickles	Cucumbers, water, vinegar, salt, calcium chloride (firming agent), sodium benzoate (preservative), and natural flavors.
Relish	Cucumbers, corn syrup, water, high fructose corn syrup, vinegar, salt, xanthan gum, sodium benzoate (preservative), calcium chloride (firming agent), alum, natural flavors, and maltol.
Tomato Ketchup	Tomatoes, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts (CELERY).
Tomatoes	Tomatoes.
MILKSHAKES	
Banana	Bananas, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Biscoff® Crumble	WHEAT Flour, Sugar, Palm oil, Fat Reduced Cocoa Powder, WHEAT Starch Glucose-Fructose syrup, Raising Agents: Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate, Salt, Emulsifiers: SOYA Lecithin, Sunflower Lecithin, Flavoring: Vanillin.
Chocolate	Corn Syrup, Sugar, Nonfat MILK , Cocoa Powder (Processed with Alkali), Water, Invert Sugar, Coconut Oil, Natural & Artificial Flavors, Chocolate (Processed with Alkali), Corn Starch - Modified, Potassium Sorbate as a Preservative, Mono and Diglycerides, Disodium Phosphate, Salt. May contain SOY .
Coffee	Liquid coffee extract, sugar.
Five Guys Milkshake Base	Reconstituted Skimmed MILK , Cream (MILK), Sugar, Water, Dextrose, MILK Solids, Emulsifiers: Mono and diglycerides of fatty acids, Propylene glycol esters of fatty acids, stabilisers: Carrageenan, Guar Gum, Cellulose Gum, Natural Flavoring
Oreo® Cookie Pieces	WHEAT Flour, Sugar, Palm Oil, Cocoa Powder, Glucose Syrup, Corn Starch, Lactose, Whey, Raising Agents, Salt, Emulsifier (Lecithin), Flavouring (Vanillin).
Peach Crumble (Peach fruit mix & Biscoff® Crumble)	Peach fruit mix: sugar, peach puree, artificial flavouring, thickener(E440), acidity regulator(E330), preservative(E202), emulsifier(E471). Contains the equivalent of 50.1% peach puree. Biscoff® Crumble: WHEAT flour, sugar, vegetable oils, candy sugar syrup, raising agent (sodium hydrogen carbonate), salt, cinnamon.
Peanut Butter	PEANUT , PEANUT Oil, Sugar, Salt, Hydrogenated Vegetable Oil (Rapeseed Oil, Cottonseed Oil, SOY bean Oil), Cornstarch
Salted Caramel	Corn syrup, sugar, water, organic glycerin, nonfat MILK , heavy cream (MILK), sea salt, salt, pectin, disodium phosphate, natural flavor May contain SOY .
Strawberry	Strawberry, Sugar, Pepper, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Whipped Cream	Cream (MILK), propellants: N2O, N2, emulsifier: Mono-and Diglycerides; stabiliser: Carrageenan
OTHER ITEMS	
BLT	Bun: WHEAT flour (GLUTEN), Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , GLUTEN , SESAME seeds, Salt, SOYA flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Lettuce, Bacon: Applewood Smoked Sliced Bacon Cured With: Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate. Sodium Nitrite. Naturally Smoked. Mayonnaise: Soybean oil, EGG yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground MUSTARD seeds, antioxidant (calcium disodium EDTA), spice
Bulk Peanuts without shell	PEANUTS , Salt
Cheese Veggie Sandwich	Bun: WHEAT flour (GLUTEN), Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , GLUTEN , SESAME seeds, Salt, SOYA flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Grilled Onions, Grilled Mushrooms (Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid), Lettuce, Green Peppers. Cheese:Cheddar Cheese (MILK), Water, Butter (MILK), Cheese (MILK), MILK Proteins, Whey powder (MILK), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring (MILK), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anticaking agent: Sunflower Lecithin
Grilled Cheese	Bun: WHEAT flour (GLUTEN), Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , GLUTEN , SESAME seeds, Salt, SOYA flour acidity regulator Calcium Carbonate, Spirit vinegar. Cheese: Cheddar Cheese (MILK), Water, Butter (MILK), Cheese (MILK), MILK Proteins, Whey powder (MILK), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring (MILK), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anticaking agent. Mayonnaise: Soybean oil, EGG yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground MUSTARD seeds, antioxidant (calcium disodium EDTA), spice
Malt Vinegar	BARLEY Malt Vinegar, BARLEY Malt Extract
Veggie Sandwich	Bun: WHEAT flour (GLUTEN), Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , GLUTEN , SESAME seeds, Salt, SOYA flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Grilled Onions, Grilled Mushrooms (Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid), Lettuce, Green Peppers.
DRINKS - Please Ask to Check the Bottle or Ask a Manager	

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NUTRITIONAL INFORMATION FOR USE IN MACAU LOCATIONS ONLY										Average portion size (g)																			
	Energy, kJ	Energy, kcal	Total fat, g	of which Saturated, g	Carbohydrates, g	of which Sugars, g	Fibre, g	Protein, g	Salt, g		Energy, kJ	Energy, kcal	Total fat, g	of which Saturated, g	Carbohydrates, g	of which Sugars, g	Fibre, g	Protein, g	Salt, g										
MEAT										Typical values per serving										Typical values per 100g									
Bacon (2 pieces)	315	76	5.5	2.1	0.6	0.1	0.1	6.2	0.64	67	2252	542	39	15	4	0.5	0.5	44	4.6										
Beef Burger Patty	812	195	14	5.6	0.1	0.1	0.3	18	0.13	14	1212	291	21	8.3	0.1	0.1	0.5	27	0.19										
Hot Dog	793	192	15	6.4	2.1	0.4	0.4	11	1.37	76	1044	252	20	8.4	2.8	0.5	0.5	14	1.8										
BUN																													
Burger Bun	1001	238	7.5	2.6	37.6	6.2	1.4	6.0	0.49	77	1300	309	9.8	3.3	49	8	1.8	7.8	0.64										
Hot Dog Bun	908	215	6.7	2.3	34	5.9	1.2	5.3	0.47	70	1298	308	9.6	3.2	49	8.5	1.7	7.6	0.67										
FRIES - COOKED IN PEANUT OIL																													
Cajun Seasoning	84	20	0.3	0.1	2.9	1.1	0	0.8	1.16	7	1199	287	4.6	0.8	42	15	0	12	16.5										
Little FRIES	2888	694	41	5.6	74	1	6.7	10	1.11	256	1128	271	16	2.2	29	0.4	2.6	4.1	0.43										
Reg FRIES	4670	1122	66	9.1	120	1.7	11	17	1.79	414	1128	271	16	2.2	29	0.4	2.6	4.1	0.43										
Large FRIES	6204	1491	88	12	160	2.2	14	23	2.38	550	1128	271	16	2.2	29	0.4	2.6	4.1	0.43										
TOPPINGS																													
A.1.® Original Steak Sauce	60.1	14.3	0.1	0	2.8	1.8	0.3	0.3	0.7	17	353.3	84.4	0.5	0.2	16.7	10.8	1.7	1.5	4.13										
BBQ Sauce	81.3	19.2	0.1	0	4.3	4.1	0.2	0.2	0.36	15	542	128	0.5	0	28.9	27.2	1.2	1.3	2.42										
Cheese (1 Slice)	266	64	5	3.2	1.1	0.8	0	3.6	0.82	19	1400	337	26.4	16.6	5.8	4.4	0	19.1	4.3										
Chilli Sauce	75.3	18	0.6	0	2.4	1.8	0	0.6	2.66	30	251	60	2	0	8	6	0	2	8.85										
Green Peppers	7.1	1.6	0	0	0.4	0.2	0.1	0.1	0	8	89.2	20	0.2	0.1	4.6	2.4	1.7	0.9	0.01										
Grilled Mushrooms	39.4	9.3	0.1	0	1	0.6	0.7	0.8	0.27	32	123	29	0.3	0.1	3.1	2	2.3	2.4	0.84										
Grilled Onions	46	11	0.1	0	2.5	1.5	0.8	0.4	0	27	170	40	0.4	0.1	9.3	5.5	3	1.4	0.01										
Hot Sauce	8.9	2.1	0	0	0.2	0.2	0	0.1	0.7	8	111	26	0.1	0	2.6	1.9	0	0.7	8.76										
Jalapeño Peppers	3.9	0.9	0	0	0.5	0.3	0.2	0.1	0.02	7	55	13	0.4	0.1	7	4.1	2.8	0.9	0.25										
Lettuce	9.2	3	0	0	0.3	0	0.2	0.1	0	16	57.5	19	0.1	0	1.8	0	1.2	0.9	0.03										
Mayonnaise	466	113	12	2	0.3	0.3	0	0.2	0.2	15	3104	754	82	13	2.2	2.2	0	1.2	1.3										
Mustard	69.2	4	0.3	0	0.3	0	0.2	0.3	0.2	6	1154	65.9	4.2	0.3	4.5	0.5	3.4	4.2	3										
Onions	33	8	0.1	0	1.8	1	0.5	0.3	0	25	133	32	0.3	0	7	3.8	2	1.2	0.01										
Pickles	13.2	3.1	0	0	0	0	0	0	0.66	28	47	11	0	0	<1	0	0	0	2.36										
Relish	87.8	21	0	0	5	4.1	0	0	0.26	15	585	140	0	0	33	27	0	0	1.72										
Tomato Ketchup	61	14	0	0	3.2	3.2	0	0.2	0.25	14	435	102	0.1	0	23.2	23	0	1.2	1.8										
Tomatoes	26	6.0	0	0	1.3	1.3	0.4	0	0	43	61	14	0.1	0	3.0	3	1	0.1	0.01										
MILKSHAKES (MIX-INS) - amount of individual mix-ins may vary depending upon number of mix-ins included in shake																													
Banana	679	158	1	0.3	37	35	0.5	0.4	0	80	849	198	1.2	0.4	46	44	0.6	0.5	0										
Biscoff® Crumble	606.3	144.3	5.7	2.4	21.8	11.4	0.4	1.5	0.28	30	2021	481	19	8	72.6	38.1	1.3	4.9	0.92										
Chocolate	769.4	183.9	2.8	2.1	41.4	30.4	3.3	2.6	0.1	69	1115	266.5	4.1	3.1	60	44	4.8	3.8	0.15										
Coffee	63	15	0	0	3	0.2	0	0.8	0.01	10	633	150	0	0	30	2.3	0	7.7	0.1										
Five Guys Milkshake Base	2955.4	705.8	37.7	24.9	84.2	80.2	0.4	8.8	0.8	401	737	176	9.4	6.2	21	20	0.1	2.2	0.2										
Oreo® Cookie Pieces	471.3	112.8	3.8	0	17.6	0	0	1.7	0.3	25	1885	451	15.1	0	70.3	0	0	6.8	1.25										
Peach Crumble	1360.8	321.6	3.2	1.3	71.2	60.8	1.2	1.2	0.17	120	1134	268	2.7	1.1	59.3	50.7	1	1	0.14										
Peanut Butter	1374.8	328.7	28	4.4	8.4	4.6	4.2	12.3	0.9	56	2455	587	50	7.9	15	8.3	7.5	22	1.6										
Salted Caramel	862.2	206.1	0.5	0.3	49.5	38.5	0.1	0.7	0.98	67	1286.8	307.6	0.7	0.4	73.8	57.4	0.2	1	1.47										
Strawberry	402	94	0.2	0.1	23.2	23.2	0.7	0.3	0.02	80	503	118	0.2	0.1	29	29	0.9	0.4	0.03										
Whipped Cream	21.8	5.2	0.4	0.3	0.3	0.3	0	0	0	26	84	20	1.5	1	1	1	0	0	0										
OTHER ITEMS																													
Bulk Peanuts without shell											2462	594	43	7	25	5	11	25	1.9										
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Nutrition Information provided is based on representative values provided by suppliers, published resources, analysis using industry standard software and testing conducted in accredited laboratories. Five Guys cannot guarantee the nutrition information provided is fully accurate as it relates to the prepared menu items in all of our restaurants. Our menu items are made to order by hand. This may cause slight variation in serving sizes which may affect the nutrition values for each product.
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